



Access to Work

Practical help at work for disabled people

16+ | Jobs, apprenticeships and supported internships

? What is Access to Work?

Access to Work is a government grant for people aged 16 and over with a disability, illness or health condition. It helps pay for support that makes work possible. It does not replace an employer's duty to make reasonable adjustments.

👥 Who can get it

- People in a paid job or about to start one
- Apprentices
- People on a supported internship or traineeship
- People on a work trial
- People going to a job interview



What it can pay for

- A job coach or support worker
- Taxi fares if you can't use public transport
- Specialist equipment or software
- Communication support at interviews, such as a BSL interpreter
- Mental health support



How to apply

Apply on [GOV.UK](https://www.gov.uk) once you have a job, apprenticeship or internship offer, or before an interview. A parent, carer or support worker can help you apply.

Where next? [Telling an employer about a disability](#) · [Supported internships](#) — www.tags.careers/guides.html