



Supported internships

A route into paid work for young people with an EHCP

16 to 24 | EHCP | About a year

? What is a supported internship?

A supported internship is a study programme for young people with an EHCP who want to move into paid work. Most of the time is spent in a real workplace, with support from a job coach.



What it involves

- Usually about a year, with at least six months in a workplace
- Support from a trained job coach
- English and maths at the right level for you
- Sometimes a relevant qualification
- Learning the skills for a specific job



Is it paid?

Supported internships are usually unpaid, because they are a study programme. The aim is a paid job at the end, with the same employer or somewhere else. Access to Work can help with support costs once you're in work.



Who are they for?

- Young people aged 16 to 24
- Who have an EHCP
- Who want to work and could do so with the right support



How to find one

Talk about it at your EHCP annual review, and ask your school, college or local council. See TAGS IAG's [supported internships](#) page for local providers.

Where next? [Supported internships in our area](#) · [Your EHCP from 16 to 25](#) — www.tags.careers/guides.html